

## Wheeze

### RFQs

- How is her breathing?
- Is there any asthma in the family?
- Is she growing alright?
- Did this come on suddenly? Could she have choked on something?

### Provide

Tania has a wheeze but she is not distressed with it. She seems to get this problem when she gets colds, but this doesn't appear to affect her activities at any other time. She doesn't have eczema or much of a family history of asthma. She probably doesn't have asthma. I don't think inhalers would make her feel any better. I think it would be reasonable to see how she goes.

### Safety net:

But if she is distressed at all with her breathing we should see her again. Urgently if she seems exhausted.

If I'm not right, and this is asthma, Tania will be wheezy under other circumstances, not just with colds. With exercise or at night for example. If that is the case: it would be worth seeing her again at an early opportunity, to think about the diagnosis and any useful treatment.

Commented [1]:

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